

## Detailed Information about the NCAST PCI Instructor Workshop Requirements

### ***Requirements***

In order to participate in the NCAST Instructor Workshop, the following criteria must be met prior to attending in order to assure successful outcomes.

The criteria include:

- Trained (class or self study) in the Keys to Caregiving program/used Keys concepts in practice
- Trained and currently certified in the PCI Feeding and Teaching scales taught by an instructor
- Used the Feeding and Teaching scales in practice
- Experienced in teaching groups, i.e. workshops, seminars or presentations
- Baccalaureate prepared

### ***Training in the Keys to Caregiving Program***

In order to participate, each person must be trained in or study the Keys to Caregiving video program using the Keys Study Guide. This study can be done in a group setting or alone. Following each unit(s), the learner is expected to visit clients with infants and small children to observe the concepts learned and practice communicating the information with caregivers. This practice should continue until the workshop so that the participant feels comfortable with the content and sharing information with others.

### ***Training in the PCI Feeding and Teaching Scales***

In order to obtain training in the Feeding and Teaching scales prior to the Workshop, it will be necessary to seek out an NCAST PCI Instructor to set up a mutually convenient time to receive training in both the Feeding and Teaching scales. This must be done as soon as possible, as training classes are often scheduled months in advance. Training in both scales generally takes 5-6 days, i.e. 3 days for the Feeding scale, 2 ½ days for the Teaching scale, and 1 day for application. Training in the scales usually occurs over a period of 1 to 2 months. Most instructors teach the Feeding scale first, take a break, and then offer the Teaching scale. Contact the PCRPP office for an instructor in your area. (If it has been over 1 year since you were reliable you will need to be recertified in the scales prior to attending the workshop.)

### ***Use of the PCI Feeding and Teaching Scales in Practice***

In order to use the scales in practice, a minimum of 85% reliability is required. Once reliability in a scale is attained, each participant is expected to use the scale(s) with appropriate aged children and their caregivers. This immediate use is important in cementing the knowledge gained during the training.

### ***Experienced in Teaching Groups***

Since the NCAST Parent-Child Interaction Feeding and Teaching scale workshop was developed as a graduate level course, NCAST Programs advocates the person have previous experience teaching groups and a minimum of a Bachelor's degree. This education and experience is necessary in order to effectively administer and oversee the teaching and implementation of this program for successful outcomes.

(NOTE: Learning Keys to Caregiving and the Parent-Child Interaction Feeding and Teaching scales prior to attending the NCAST Instructor Training Workshop is required and provides an important base for becoming a skilled instructor. The purpose of the workshop is to prepare participants to be Parent-Child Interaction Specialists who are capable of instructing, supporting, monitoring, and directing interventions at their sites).