



## CHILD PARENT PSYCHOTHERAPY TRAINING OPPORTUNITY

In response to a growing recognition of the need for mental health services that address trauma for very young children and their families, a multisector partnership is bringing Child Parent Psychotherapy (CPP) training to Washington State with the goals of training 45 clinicians in this nationally recognized, evidence-based practice, and establishing local training expertise. The partnership is offering CPP training because it is one of the only evidence-based mental health interventions for children 0–3 who have experienced trauma, it has cultural responsiveness as a core element, and it is effective in many different communities, including immigrant/refugee, African American and Latinx communities.

### TRAINING SCHEDULE

Successful applicants will participate in an 18-month training process that includes:

- Initial 3-day workshop **DECEMBER 2–4, 2019**
- Two 2-day booster sessions (or competency building workshops)
  - One held 6 months after the initial workshop
  - One held 12 months after the initial workshop
- Case consultation in person or via telephone (2 times a month for 18 months)

[Please click here for more information](#)

### PARTICIPANT REQUIREMENTS

Participation will be limited to organizations who are committed to sending at least three practicing mental health clinicians who are either licensed or actively pursuing licensure. Participants will be selected through a competitive application process. Applicants must be currently working with at least four early childhood clients suitable for CPP or have the ability to do so during the course of the training.

### THIS TRAINING IS A COLLABORATIVE EFFORT OF THE FOLLOWING ORGANIZATIONS:

- The Child Trauma Research Program at the University of California—San Francisco
- The Barnard Center for Infant Mental Health and Development at the University of Washington
- The Washington Association for Infant Mental Health
- King County Best Starts for Kids
- Perigee Fund

**QUESTIONS?** Contact: Carol Good | [GOODC@UW.EDU](mailto:GOODC@UW.EDU)

### APPLICATION

Please fill out a short survey [HERE](#) by **September 30** if your agency would be interested in participating. If your agency is eligible to participate, you will be asked to fill out a full application with more details about your agency and prospective trainees. **Complete applications are due by October 30.**

[Click here if your agency is interested in applying](#)

### MORE INFORMATION

To find out more about CPP and planned trainings in Washington State:

- Watch a **1-HOUR RECORDED WEBINAR** with details on the training program
- Read about the CPP approach and impact on the **CPP WEBSITE**

