

Gloria Castro, Psy.D. is a clinical psychologist and Certified Sexual Assault Counselor. Dr. Castro was granted the Fraiberg-Harris Fellowship to complete her postdoctoral training at the Infant-Parent Program. Dr. Castro's clinical work focuses on perinatal mental health. She developed and implemented a Perinatal Mental Health project at the Infant-Parent Program. She is currently working at Child Trauma Research Program on the development and implementation of Perinatal Child-Parent Psychotherapy, an adaptation of Child-Parent Psychotherapy during pregnancy and the perinatal period. Dr. Castro provides assessment and psychotherapy to pregnant women with history of traumatic experiences throughout pregnancy, labor and delivery, and the post-partum period at Zuckerberg San Francisco General Hospital (ZSFGH), UCSF. She provides infant mental health services to families and newborns at the Neonatal Intensive Care Unit and at the Birth Center at ZSFGH. She has also worked as part of an interdisciplinary team at High Risk Pediatric Kempe clinic at ZSFGH and at the High-Risk OB/GYN clinic at ZSFGH. Dr. Castro has provided mental health consultation to midwives and public health nurses. She has experience conducting comprehensive psychological assessments and developmental neuropsychological assessments for children ranging in age from infancy to age five. Prior to coming to the Infant-Parent Program, she worked at the Children's Hospital, at the National Medical Center in Mexico City and at the National Autonomous University of Mexico (UNAM). She has worked with children, adolescents, and families in various clinical venues including Rape Trauma Services and North Peninsula Family Alternatives, YMCA, in San Mateo County where she developed and implemented a mental health program for immigrant families. She has consulted, supervised, and trained mental health providers who work with immigrant families and their children who have experienced significant trauma. Dr. Castro has a strong interest on the impact of immigration on family systems, the intergenerational transmission of trauma, and the impact of trauma on children's development. She has presented on national and international conferences, and forums on the topics of perinatal mental health, parenting in a different culture, and on the impact of immigration on the sense of self and motherhood identity. In addition to her work at UCSF, Dr. Castro taught at Argosy University, American School of Professional Psychology and served on the Advisory Board